

Antidepressant Medication Management (AMM)

Measure description

The percentage of members 18 years of age and older who were newly treated with antidepressant medication, had a diagnosis of major depression, and who remained on an antidepressant medication treatment. Two rates reported:

- Effective Acute Phase Treatment: Members who remained on an antidepressant medication for at least 84 days (12 weeks).
- Effective Continuation Phase Treatment: Members who remained on an antidepressant medication for at least 180 days (six months).

Criteria for meeting the measure:

Effective Acute Phase Treatment: Member remained on their antidepressant medication for at least 84 days (12 weeks).

Effective Continuation Phase Treatment: Member remained on their antidepressant medication for at least 180 days (six months).

NOTE: The phase begins when the prescription is filled.

Best Practices and tips for providers to improve member outcomes

- Scheduling patient follow-up appointments for medication management.
- Reminding patients of their appointments.
- Educating members on the importance of medication adherence, side effects, benefits of the medication, the expected time required for a medication to begin to take effect, and the risks of stopping their medication.
- Encourage the member to sign a release of information for all treating providers.
- Communicate with other providers involved with the member's treatment to ensure continuity and coordination of care to support a whole person approach.
- Ensure appropriate documentation, accurate coding, and submit claims in a timely manner.

AMM is a Healthcare Effectiveness Data and Information Set (HEDIS®) measure. See the National Committee for Quality Assurance (NCQA) website for more details.

<https://www.ncqa.org/hedis/measures/antidepressant-medication-management/>

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