

Follow-Up After High-Intensity Care for Substance Use Disorder (FUI)

Measure description

The percentage of acute inpatient hospitalizations, residential treatment, and withdrawal management/detoxification visits or discharges for a diagnosis of substance use disorder (SUD) among members 13 years of age or older that resulted in follow-up care for a diagnosis of SUD within seven and 30 days. Two rates reported:

- Follow-up within seven days after an episode for SUD.
- Follow-up within 30 days after an episode for SUD.

Criteria for meeting the measure

When the member attends a follow-up appointment with **any practitioner** for a principal diagnosis of SUD after within the seven or 30 days after the episode for SUD.

Appointment types that count as a follow-up visit

- Residential treatment.
- Acute or non-acute inpatient treatment.
- Outpatient behavioral health.
- Intensive outpatient therapy.
- Partial hospitalization.
- Substance use treatment facility.
- Opioid treatment service.
- Substance use counseling.
- Pharmacotherapy dispensing event.
- Medication treatment event.

*Note: Follow-up does not include withdrawal management/detoxification. To comply with the measure, the principal diagnosis **must be** SUD.*

Best practices and tips for providers to improve member outcomes

- With member consent, involve member, and family or other supports, in the discharge planning and follow-up care.
- Schedule follow-up appointments prior to member being discharged.
- Educate members on the importance of treatment adherence and follow-up care.
- Offer telehealth appointments for follow-up visits.
- Outreach to members who do not attend their follow-up appointment and assist them with rescheduling.
- Encourage the member to sign a release of information for all treating providers.
- Communicate with primary care physicians and other providers involved with the member's treatment to ensure continuity and coordination of care to support a whole person approach.
- Ensure appropriate documentation, accurate coding, and submit claims in a timely manner.

FUI is a Healthcare Effectiveness Data and Information Set (HEDIS®) measure. See the National Committee for Quality Assurance (NCQA) website for more details.

<https://www.ncqa.org/hedis/measures/follow-up-after-high-intensity-care-for-substance-use-disorder/>
Capital Blue Cross is an Independent Licensee of the Blue Cross Blue Shield Association.